



Waitemata
District Health Board
Te Wai Awhina

Diabetes Service

Gestational Diabetes
(Diabetes During Pregnancy)



Diabetes Service
Waitemata District Health Board
P.B. 93503
Takapuna
Telephone 4861-491 ext. 2505
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Recommendations:

Test before breakfast and 2 hours after beginning each meal on alternate days.

Aim for tests less than 5.5 mmol/L before breakfast and less than 6.5 mmol/L, 2 hours after a meal

